



सत्यमेव जयते

**EMBASSY OF INDIA  
KUWAIT**

\*\*\*\*\*

**PRESS RELEASE**

**FREE MEDICAL TELE-CONSULTATIONS PANEL**

Embassy of India is pleased to announce that following Indian doctors from the Indian Doctors Forum (IDF) Kuwait have expressed their willingness to provide free of cost voluntary tele-consultations offering medical advice and counselling support to Indian nationals in Kuwait.

General instructions, doctors list indicating their specialties, contact details, consultation timings, languages spoken etc. are given in the table below.

Members of the Indian community in Kuwait who desire to utilize the services of IDF can reach them as per contacts given below.

<b>IDF Tele-consultations</b>					
<b>General Instructions for Tele-consultations</b>					
1.	All the doctors have voluntarily consented to help, advice and guide patients in distress during this COVID pandemic.				
2.	Kindly proceed to your area hospital in case of any emergency.				
3.	All doctors have provided their time of convenience besides their names. However, in case of no answer due to any reason, we strongly recommend that you leave a text message or voice message of your complaint, and they will revert positively.				
4.	No treatment/medications whatsoever will be recommended in the conversation as it is strongly prohibited by law.				
<b>Doctors List for Tele-consultation</b>					
S No.	Specialty	Doctor Name and Email address	Mobile Number	Consultation Timings	Regional Languages Spoken by the Doctor
1	GENERAL PRACTITIONER	DR AMIR AHMED docamir@gmail.com	99374877	SUNDAY TO THURSDAY 5:00PM TO 7:00PM	MALAYALAM HINDI
2	INTERNAL MEDICINE & DIABETES	DR NOBLE ZACHARIAN drnoblezac@gmail.com	66753676	SUNDAY TO THURSDAY 5:00PM TO 7:00PM	MALAYALAM ENGLISH
3	RESPIRATORY MEDICINE	DR RADHAKRISHNA PANICKER pooramb@gmail.com	65811275	SUNDAY TO THURSDAY 7PM TO 9PM	MALAYALAM ENGLISH
4	INFECTIOUS	DR ARTI CHADHA	97100204	MONDAY &	HINDI

	DISEASES / CLINICAL MICROBIOLOGIST	Docaarti2001@gmail.com		WEDNESDAY 1:00PM TO 4:00PM	PUNJABI
5	INTERNAL MEDICINE	DR BURHAN BHATIA drburhansaify@yahoo.com	97474152	SATURDAY & SUNDAY 9PM TO 11PM	GUJRATHI HINDI
6	FAMILY MEDICINE	DR RAYAVARAM RAGHUNANDAN rayavaram18@gmail.com	99491954	SUNDAY TO THURSDAY 5PM TILL 9PM	TELUGU, KANNADA
7	CLINICAL PATHOLOGIST	DR SUDHA RAVEENDRAN s.raveendran@yahoo.com	99543406	SATURDAY TO THURSDAY 5:30PM TO 7:30PM	HINDI ENGLISH
8	FAMILY MEDICINE	DR ANKIT KIRIT SHAH drankitkshah@gmail.com	55269804	SUNDAY TO THURSDAY 5PM TO 8PM	HINDI & GUJRATHI
9	GENERAL PRACTITIONER	DR PHILLIPOSE GEORGE philipose_george@yahoo.com	97327880	SUNDAY TO THURSDAY 5PM TO 9PM	MALAYALAM ENGLISH
10	GENERAL PHYSICIAN	DR ASHOK DEB ashokedeb@hotmail.com	98748750	SUNDAY TO THURSDAY 5PM TO 9PM	BENGALI ENGLISH
11	GENERAL PRACTITIONER	DR PRERNA DESHPANDE Dr.preranadeshpande@gmail.com	65818029	SUNDAY TO THURSDAY 8AM TO 4PM	MARATHI & ENGLISH
12	INFECTIOUS DISEASES	DR SAROJ BALA GROVER sarojbgrover@yahoo.com	99713208	SUNDAY TO THURSDAY 10AM TO 12 NOON & 5PM TO 9PM	HINDI & PUNJABI
13	GENERAL PRACTITIONER	DR FARIDA ALI	66854592	SUNDAY TO THURSDAY 10AM TO 11AM	HINDI & GUJRATHI
14	GENERAL PRACTITIONER	DR KANCHAN ANANT ASHTIKAR dr_kanchan_anant@yahoo.com	66895105	SUNDAY TO THURSDAY 4PM TO 5PM	HINDI & MARATHI
15	DERMATOLOGIST	DR SAJNA MOHAMMED sajna.mohammed@outlook.com	97222821	THURSDAY: AFTER 3PM FRIDAY: 10AM TO 10PM	MALAYALAM HINDI
16	DERMATOLOGIST	DR NAVNIT PATEL kwtpatel12@gmail.com	99956854	ANY TIME: ONLY TEXT AND AUDIO MESSAGES	GUJRATHI HINDI
17	DERMATOLOGIST	DR ARUN JOSHI doc.arunjoshi@gmail.com	66564382	SUNDAY TO THURSDAY 6PM TO 9PM	HINDI PUNJABI
18	DERMATOLOGIST	DR REENI KORAH	60097674	SUNDAY TO THURSDAY	ENGLISH & MALAYALAM

				8AM TO 9AM & 7PM TO 9PM	
19	DERMATOLOGIST	DR YASHPAL MANCHANDA dryashmanchanda@gmail.com	99852673	ANY TIME: ONLY TEXT AND AUDIO MESSAGES	PUNJABI, URDU & BENGALI
20	GENERAL SURGEON	DR NAZIM PARKAR nazimdp@yahoo.com	66130563	TUESDAY: 2PM TO 4PM DAILY: 11AM TO 1:30PM	MARATHI URDU, KONKANI
21	UROLOGIST	DR JAGANATH R CHODANKAR jaganathrc@gmail.com	66613512	SUNDAY TO THURSDAY 5:00PM TO 7:00PM	MARATHI KONKANI
22	ENT SURGEON	DR ANILA ALBERT dr.anilaalbert@gmail.com	65062263	MONDAY, TUESDAY & WEDNESDAY 7PM TO 9PM	MALAYALAM ENGLISH
23	ENT SURGEON	U. RAMESH MENON urameshmenon@gmail.com	67083790	SUNDAY TO THURSDAY 4PM TO 7PM	MALAYALAM ENGLISH
24	ENT SURGEON	DR SOUMYA R SHETTY soumya.r.shetty@gmail.com	52557341	FRIDAY, SATURDAY & SUNDAY 2PM TO 5PM	KANNADA, TULU & HINDI
25	ENT SURGEON	DR KORAH KURIEN	60350403	SUNDAY TO THURSDAY 8AM TO 9AM & 7PM TO 9PM	MALAYALAM ENGLISH
26	ENT SURGEON	DR BANOO BHANDARI banoob@hotmail.com	99496031	SUNDAY, WEDNESDAY & SATURDAY 6PM TO 8PM	HINDI, MARATHI & GUJRATHI
27	ENT SURGEON	DR SANA KHAN Sana.iak01@gmail.com	66059736	SUNDAY TO THURSDAY 2PM TO 9PM	HINDI ENGLISH
28	MEDICAL ONCOLOGIST	DR SUSOVANA NAIR susovana@gmail.com	66068476	EXCEPT MONDAY AND WEDNESDAY 3PM TO 8PM	BENGALI HINDI
29	CLINICAL HEMATOLOGIST	DR MOHAN RAM dr_saroj_mohan@yahoo.co.in	66406258	SUNDAY TO THURSDAY 6PM TO 9PM	HINDI ENGLISH
30	ORTHOPEDIC SURGEON	DR NARENDRA A. V. dr_avnarendra@yahoo.com	99280118	SUNDAY TO THURSDAY 5PM TO 7PM	KANNADA, TULU, TELUGU & TAMIL
31	PHYSICAL MEDICINE & REHABILITATION	DR ANTHONY D'CRUZ antonyanila@yahoo.co.in	60693949	SUNDAY, MONDAY, THURSDAY & FRIDAY 6PM TO 10PM	MALAYALAM , TAMIL & HINDI
32	PHYSICAL MEDICINE &	DR RENU AMBARDAR Renuambardar123@gmail.com	60415346	SUNDAY TO THURSDAY	ENGLISH & HINDI

	REHABILITATION	ail.com		1PM TO 3PM & 6PM TO 8PM	
33	OBSTETRICIAN & GYNECOLOGIST	DR SONIA NOEL rohanrahulp@hotmail.com	99541752	SUNDAY TO THURSDAY 4:30PM TILL 10PM	MALAYALAM ENGLISH
34	OBSTETRICIAN & GYNECOLOGIST	DR ANANTAPRIYA VAIDYA ananthapriya2000@gmail.com	66688709	SUNDAY TO THURSDAY 3PM TO 5PM	TELUGU & KANNADA
35	OBSTETRICIAN & GYNECOLOGIST	DR CHRISTINA JAMES	99228163	EXCEPT TUESDAY & SATURDAY 5PM TO 10PM	MALAYALAM & TAMIL
36	OBSTETRICIAN & GYNECOLOGIST	DR TASNEEM JASVI tassjasvi@gmail.com	97843952	8PM TO 10PM: ONLY TEXT AND AUDIO MESSAGES	ENGLISH & HINDI
37	CARDIOLOGIST	DR THOMAS EAPEN tkeapen@hotmail.com	65171333	SUNDAY TO THURSDAY 5PM TO 10PM	MALAYALAM & TAMIL
38	CARDIOLOGIST	DR ABDUL MOHD SHUKKUR shukkur@hotmail.com	66533328	SUNDAY TO THURSDAY 6PM TO 9PM	ENGLISH & MALAYALAM
39	CARDIOLOGIST	DR THOMAS KOSHY GEORGE doctkg@gmail.com	+9182810 22969	SUNDAY TO THURSDAY 6PM TO 8PM	MALAYALAM & TAMIL
40	CARDIOLOGIST	DR HASSAN ALI KHAN Drhakj@yahoo.com	66082859	SUNDAY TO THURSDAY 5PM TO 10PM	HINDI & ARABIC
41	PAEDIATRICIAN	DR MOHAMMED UMAR TAK drumartak@hotmail.com	99219427	SUNDAY TO THURSDAY 12NOON TO 2PM	HINDI & ENGLISH
42	PAEDIATRICIAN	DR JASNEET KAMAL NARANG jasneetn@gmail.com	99702250	SUNDAY TO THURSDAY 12NOON TO 2PM & 6PM TO 8PM	PUNJABI & ARABIC
43	NEONATOLOGIST	DR TAHSEEN KHAN Tskhanum@gmail.com	99829502	SUNDAY TO THURSDAY 8PM TO 10PM	HINDI & TAMIL
44	PEDIATRICIAN	DR REJI SAMUEL rejisamuel@yahoo.com	60315618	SUNDAY TO THURSDAY 5PM TO 7PM	HINDI & MALAYALAM

It may please be noted that the service rendered by above -mentioned doctors is purely of advisory nature and the individual may like to use individual discretion for course of action. The Embassy of India in Kuwait does not bear any responsibility of consequences arising out of such advice.

\*\*\*\*\*

Kuwait  
21 April 2021