



सत्यमेव जयते

**Embassy of India
Kuwait**

PRESS RELEASE

FREE MEDICAL TELE-CONSULTATIONS PANEL

Embassy of India is pleased to announce that in view of the emerging Covid-19 situation due to new variant of Omicron, the following Indian doctors from the Indian Doctors Forum (IDF) Kuwait have expressed their willingness to provide free of cost voluntary tele-consultations offering medical advice and counselling support to Indian nationals in Kuwait. All associations and groups are advised to widely circulate the list to help our nationals in need.

General instructions, doctors list indicating their specialties, contact details, consultation timings, languages spoken etc. are given the table below. Members of the Indian community in Kuwait who desire to utilize the services of IDF can reach them as per contacts given below.

IDF Tele-Consultations

General Instructions for Tele-Consultations

1. All the doctors have voluntarily consented to help, advice and guide patients in distress during this COVID pandemic.
2. Kindly proceed to your area hospital in case of any emergency.
3. All doctors have provided their time of convenience besides their names. However, in case of no answer due to any reason, we strongly recommend that you leave a text message or voice message of your complaint, and they will revert positively.
4. No treatment/medications whatsoever will be recommended in the conversation as it is strongly prohibited by law.

DOCTORS LIST FOR TELE-CONSULTATION

S.No.	Specialty	Doctor Name and Email address	Mobile Number	Consultation Timings	Regional Languages Spoken by the Doctor
1	GENERAL PRACTITIONER	DR AMIR AHMED docamir@gmail.com	99374877	SUNDAY TO THURSDAY 5:00PM TO 7:00PM	MALAYALAM HINDI
2	GENERAL PRACTITIONER	DR VENKAT SRIDHAR pvs1962@gmail.com	949432632	SUNDAY TO THURSDAY 10:00AM TO 12:00PM & 5PM TO 7PM	TELUGU & HINDI, ENGLISH MALAYALAM.
3	GENERAL	DR PHILLIPOSE GEORGE	97327880	SATURDAY'S TO	ENGLISH

	PRACTITIONER	philipose_george@yahoo.com		THURSDAY 9AM TO 1 PM AND 5PM TO 9PM. THUR 9AM TO 2.30P	MALAYALAM KANNADA HINDI ARABIC"
4	GENERAL PHYSICIAN	DR ASHOK DEB ashokedeb@hotmail.com	98748750	SUNDAY TO THURSDAY 5PM TO 9PM	BENGALI ENGLISH
5	GENERAL PRACTITIONER	DR PRERNA DESHPANDE Dr.preranadeshpande@gmail.com	65818029	SUNDAY TO THURSDAY 8AM TO 4PM	MARATHI & ENGLISH
6	GENERAL PRACTITIONER	DR FARIDA ALI	66854592	SUNDAY TO THURSDAY 10AM TO 11AM	HINDI & GUJRATHI
7	GENERAL PRACTITIONER	DR KANCHAN ANANT ASHTIKAR dr_kanchan_anant@yahoo.com	66895105	SUNDAY TO THURSDAY 4PM TO 5PM	HINDI & MARATHI
8	FAMILY MEDICINE	DR ANKIT KIRIT SHAH drankitshah@gmail.com	55269804	SUNDAY TO THURSDAY 5PM TO 8PM	HINDI & GUJRATHI
9	FAMILY MEDICINE	DR RAYAVARAM RAGHUNANDAN rayavaram18@gmail.com	99491954	SUNDAY TO THURSDAY 5PM -9PM	TELUGU, KANNADA
10	INFECTIOUS DISEASES	DR SAROJ BALA GROVER sarojbgrover@yahoo.com	99713208	SUNDAY TO THURSDAY 10AM TO 12 PM & 5PM TO 9PM	HINDI & PUNJABI
11	RESPIRATORY MEDICINE	DR RADHAKRISHNA PANICKER pooramb@gmail.com	65811275	SUNDAY TO THURSDAY 7PM TO 9PM	MALAYALAM ENGLISH
12	INTERNAL MEDICINE /DIABETICIAN	DR JIBIN JOHN THOMAS jjthomas2000@gmail.com	67737010	SAT -THURSDAY 8AM TO 12PM 7PM TO 9PM	MALAYALAM, ENGLISH & TAMIL
13	INTERNAL MEDICINE & DIABETES	DR NOBLE ZACHARIAN rnoblezac@gmail.com	66753676	SUNDAY TO FRIDAY 11 AM TO 1 PM	HINDI AND TAMIL
14	INTERNAL MEDICINE	DR BURHAN BHATIA drburhansaify@yahoo.com	97474152	SATURDAY & SUNDAY 9PM TO 11PM	GUJRATHI HINDI
15	CARDIOLOGIST	DR THOMAS EAPEN tkeapen@hotmail.com	65171333	SUNDAY TO THURSDAY 5PM TO 10PM	MALAYALAM & TAMIL
16	CARDIOLOGIST	DR ABDUL MOHD SHUKKUR shukkur@hotmail.com	66533328	SUNDAY TO THURSDAY 6PM TO 9PM	ENGLISH & MALAYALAM
17	CARDIOLOGIST	DR THOMAS KOSHY GEORGE doctkg@gmail.com	+9182810 22969	SUNDAY TO THURSDAY 6PM TO 8PM	MALAYALAM & TAMIL
18	CARDIOLOGIST	DR HASSAN ALI KHAN Drhakj@yahoo.com	66082859	SUNDAY TO THURSDAY 5PM TO 10PM	HINDI & ARABIC
19	CLINICAL PATHOLOGIST	DR SUDHA RAVEENDRAN s.raveendran@yahoo.com	99543406	SATURDAY TO THURSDAY 5:30PM TO 7:30PM	HINDI ENGLISH
20	CLINICAL PATHOLOGIST	DR Y. GIRISH	99535234	SATURDAY TO THURSDAY 5-PM	GUJARATI, HINDI, ENGLISH
21	CYTO-PATHOLOGIST	DR SHAHED KHAN PATHAN	66527408	SUNDAY TO THURSDAY 6.30 TO 8.30 PM	HINDI, ENGLISH

		MY EMAIL : shahed80@yahoo.com			
22	DERMATOLOGIST	DR SAJNA MOHAMMED sajna.mohammed@outlook.com	97222821	THURSDAY: AFTER 3PM FRIDAY: 10AM TO 10PM	MALAYALAM HINDI
23	DERMATOLOGIST	DR NAVNIT PATEL kwtpatel12@gmail.com	99956854	ANY TIME: ONLY TEXT AND AUDIO MESSAGES	GUJRATHI HINDI
24	DERMATOLOGIST	DR ARUN JOSHI doc.arunjoshi@gmail.com	66564382	SUNDAY TO THURSDAY 6PM TO 9PM	HINDI PUNJABI
25	DERMATOLOGIST	DR REENI KORAH	60097674	SUNDAY TO THURSDAY 8AM TO 9AM & 7PM TO 9PM	ENGLISH & MALAYALAM
26	DERMATOLOGIST	DR YASHPAL MANCHANDA dryashmanchanda@gmail.com	99852673	ANY TIME: ONLY TEXT AND AUDIO MESSAGES	PUNJABI, URDU & BENGALI
27	PAEDIATRICIAN	DR MOHAMMED OMAR drumartak@hotmail.com	99219427	SUNDAY TO THURSDAY 12NOON TO 2PM	HINDI & ENGLISH
28	PAEDIATRICIAN	DR JASNEET KAMAL NARANG jasneetn@gmail.com	99702250	SUNDAY TO THURSDAY 12NOON TO 2PM & 6PM TO 8PM	PUNJABI & ARABIC
29	PEDIATRICIAN	DR REJI SAMUEL rejisamuel@yahoo.com	60315618	SUNDAY TO THURSDAY 5PM TO 7PM	HINDI & MALAYALAM
30	NEONATOLOGIST	DR TAHSEEN KHAN Ts Khanum@gmail.com	99829502	SUNDAY TO THURSDAY 8PM TO 10PM	HINDI & TAMIL
31	MEDICAL ONCOLOGIST	DR SUSOVANA NAIR susovana@gmail.com	66068476	ALL DAYS 3PM TO 8PM	BENGALI HINDI & ENGLISH
32	CLINICAL HEMATOLOGIST	DR MOHAN RAM dr_saroj_mohan@yahoo.co.in	66406258	SUNDAY TO THURSDAY 6PM TO 9PM	HINDI ENGLISH
33	GENERAL SURGEON	DR NAZIM PARKAR nazimdp@yahoo.com	66130563	TUESDAY: 2PM TO 4PM DAILY: 11AM TO 1:30PM	MARATHI URDU, KONKANI
34	ENT SURGEON	DR ANILA ALBERT dr.anilaalbert@gmail.com	65062263	MONDAY, TUESDAY & WEDNESDAY 7PM TO 9PM	MALAYALAM ENGLISH
35	ENT SURGEON	U. RAMESH MENON urameshmenon@gmail.com	67083790	SUNDAY TO THURSDAY 4PM TO 7PM	MALAYALAM ENGLISH
36	ENT SURGEON	DR SOUMYA R SHETTY soumya.r.shetty@gmail.com	52557341	FRIDAY, SATURDAY & SUNDAY 2PM TO 5PM	KANNADA, TULU & HINDI
37	ENT SURGEON	DR KORAH KURIEN	60350403	SUNDAY TO THURSDAY 8AM TO 9AM & 7PM TO 9PM	MALAYALAM ENGLISH
38	ENT SURGEON	DR BANO O BHANDARI banoob@hotmail.com	99496031	SUNDAY, WEDNESDAY & SATURDAY 6PM TO 8PM	HINDI, MARATHI & GUJRATHI

39	ENT SURGEON	DR SANA KHAN Sana.iak01@gmail.com	66059736	SUNDAY TO THURSDAY 2PM TO 9PM	HINDI ENGLISH
40	ENT ZAIN / SABAH	DR PREETHA IBRAHIM THOMAS	66015933	ALL DAYS 2PM - 8 PM	HINDI, ENGLISH
41	ENT FARWANIA	DR IMTIAZ	94094218	6-8 PM DAILY	HINDI, ENGLISH, URDU
42	UROLOGIST	DR JAGANATH R CHODANKAR jaganathrc@gmail.com	66613512	SUNDAY TO THURSDAY 5:00PM TO 7:00PM	MARATHI KONKANI
43	ORTHOPEDIC SURGEON	DR NARENDRA A. V. dr_avnarendra@yahoo.com	99280118	SUNDAY TO THURSDAY 5PM TO 7PM	KANNADA, TULU, TELUGU & TAMIL
44	ORTHOPAEDICS	DR BIBI DHANAN	69086792	8 AM TO 10 AM ALL DAYS	MALAYALAM, ENGLISH, HINDI, TAMIL
45	RADIOLOGIST	DR PIYUSH BAFNA	99282149	SUNDAY & TUESDAY , 5 -7 PM	ONLY TEXT & AUDIO MESSAGES LANGUAGES- HINDI & ENGLISH
46	OPHTHALMOLOGY	DR SUJATHA A	99565735	SUN TO WEDNESDAY 5-8 PM	ENGLISH & HINDI
47	PHYSICAL MEDICINE & REHABILITATION	DR RENU AMBARDAR Renuambardar123@gmail.com	60415346	SUNDAY TO THURSDAY 1PM TO 3PM & 6PM TO 8PM	ENGLISH & HINDI
48	PHYSICAL MEDICINE & REHABILITATION	DR ANTHONY D'CRUZ antonyanila@yahoo.co.in	60693949	SUNDAY, MONDAY, THURSDAY & FRIDAY 6PM TO 10PM	MALAYALAM , TAMIL & HINDI
49	OBSTETRICIAN & GYNECOLOGIST	DR ANANTAPRIYA VAIDYA ananthapriya2000@gmail.com	66688709	SUNDAY TO THURSDAY 3PM TO 5PM	TELUGU & KANNADA
50	OBSTETRICIAN & GYNECOLOGIST	DR CHRISTINA JAMES	99228163	EXCEPT TUESDAY & SATURDAY 5PM TO 10PM	MALAYALAM & TAMIL
51	OBSTETRICIAN & GYNECOLOGIST	DR TASNEEM JASVI tassjasvi@gmail.com	97843952	8PM TO 10PM: ONLY TEXT AND AUDIO MESSAGES	ENGLISH & HINDI

It may please be noted that the service rendered by above -mentioned doctors is purely of advisory nature and the individual may like to use individual discretion for course of action. The Embassy of India in Kuwait does not bear any responsibility of consequences arising out of such advice.

Kuwait
January 06, 2022