



सत्यमेव जयते

**EMBASSY OF INDIA  
KUWAIT  
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## **PRESS RELEASE**

### **“Essay Writing and Pencil Drawing Competitions for School Students on the occasion of International Day of Yoga (IDY)-2021”**

The Embassy of India, Kuwait is celebrating International Day of Yoga (IDY)-2021 on 18th June, 2021.

2. As a part of the celebrations of IDY-2021, Embassy of India in Kuwait is organizing ‘Essay Writing Competition’ and ‘Pencil Drawing Competition’ for students on the following topics:

#### **Essay Writing**

- “Benefits of Yoga & Meditation in everyday life” - Class VII – IX.
- “India: Home of Yoga” – Class X – XII.

#### **Pencil Drawing**

- “A Yoga Posture that I like Most”

3. The contest is open for all students. The details associated with the competition are as follows:

Essays and Pencil Drawings to be sent at	edu.kuwait@mea.gov.in
Word Limit (for Essay)	1000 words

4. The Embassy may publish these entries on its social media handles. The copyright of the entries should be assigned to the Embassy of India in Kuwait by the respective participants. An undertaking to this effect may be attached with the entries along with details such as name, nationality, passport number, date of birth, contact phone numbers and email IDs.

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**Kuwait  
25 May 2021**